

WE ARE HERE TO SUPPORT HEALTHCARE WORKERS

Is your staff feeling overwhelmed? stressed out? heart-broken? anxious? depressed? worried? **Healthcare workers** are at the frontlines of the COVID crisis. They are carrying the weight of the world on their shoulders right now. Healthcare workers are at high risk for burn out, secondary trauma and compassion fatigue and right now the world needs them!

Do you want to help your team through the current chaos and provide them with the support they need?

Join the other clinics and facilities in the area that are offering professional counseling services for their staff to help them through this uncertain and chaotic time in the world. As helping professionals, we get it! We understand what your staff are going through. We are here for you and your staff! Our services are offered through a tele- health platform which makes it more convenient for healthcare workers schedules. **We eliminate travel time. We are accessible from a smart phone, iPad, or computer. We offer 30 minute or 60 minute sessions to accommodate work schedules.**

If you are a healthcare worker and you think you could benefit from our services, please share this information with your director or human resources department. Contact Charline at North Country Counseling to establish services for your team.

We want to support our healthcare workers through COVID-19!
Stay Safe. Stay Calm. We are here for you!



NORTH COUNTRY COUNSELING

For Questions or to schedule

320.428.0744 call or text

www.northcountrycounseling.net